

TWENTY QUESTIONS.2

20.2

The famous twenty questions of AA have helped millions self-identify as alcoholics. 20.2 is an attempt to help AAs who have been sober for some time but may be drifting. And for alcoholics, drifting is dangerous. Like the original 20 Questions, if you answer two questions in the affirmative, you should be concerned, answer three and you should take action.

1. You have recently said to yourself during the closing prayer at an AA meeting, “wow, that was a boring meeting.”
2. You have not had a conversation with another AA in the last week.
3. You don't have a sponsor.
4. During the last 14 days, the percentage of days in which you have prayed, both morning and evening, is less than 30 percent.
5. You have not meditated in the last two weeks.
6. The number of meetings you attend has declined over the last year.
7. You are concerned about how you look at meetings, focusing on projecting an attitude of “I've got it together.”
8. Rather than focusing on the person sharing at each moment. You find that you are thinking about what you are going to share in meetings, so that you can look like a good AA.
9. Without talking to anyone or helping to clean up, you leave your AA meetings immediately after the closing prayer.
10. You have not read any AA literature during the last month.
11. When asked “What Step are you working on?”; you are stumped.
12. Your significant other has recently suggested you need a meeting.
13. During the last three months, have you rolled your eyes, physically or metaphorically, at someone's share, thinking “I've heard this so many times before”?
14. Do you find that you are becoming more and more irritable?
15. During the last three months have you bristled if someone suggests you go to a meeting.
16. You have not talked with someone suffering in the last three months.
17. You have not called your sponsor in the last six months.
18. You are habitually late for your AA meetings.
19. You cannot see any personal defect of character or shortcoming that needs to be removed.
20. You are not active in any service work in AA.