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The annual inventory is complete. I have had a confessional conversation with my spiritual advisor. I can now think about the Exact Nature of the Character Defects and which manifested in the Wrongs.	Causes and Conditions. With prayerful meditation try to identify the causes of the manifestations of the defects of character that are observed, and conditions in which the manifestations are likely to occur.	Actions which have been reviewed with your sponsor and other close and trusted advisors. Actions that can be taken and measured, which deal with the exact nature of the Character Defect(s).	Measure the Actions which you have promised to take on a weekly, monthly or quarterly basis. If it matters, measure it.	Q1	Q2	Q3	YE	
Exact Nature of the Character Defects.	Causes and Conditions of the Wrongs Resulting from the Character Defect.	Actions to be taken to resolve the	Measurement of the Action to resolve the Defect.					
	Character Defect.							

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